

FEATURED ARTICLE

To Promote or Not to Promote? The Enforceability of FDA's Off-Label Marketing Restrictions Following Amarin

Matthew T. Newcomer and Yune T. Do

What is the issue? Federal courts have held that the First Amendment prevents FDA from prohibiting pharmaceutical manufacturers from truthful non-misleading promotional speech on off-label product use. Most recently, a federal district court in *Amarin Pharma v. FDA* prevented the government from bringing criminal charges based on such speech. Does *Amarin* mark the beginning of the end for FDA's off-label marketing prohibitions or is it a fact-specific holding with little impact?

What is at stake? What is at stake is the ability of pharmaceutical companies and agents to freely engage physicians in truthful non-misleading promotional discussions about the benefits of drugs used to treat off-label conditions. If the Amarin decision is adopted widely, the improved flow of information could foster improved medical decision-making.

What should attorneys do? Significant practical and legal considerations make it likely the pharmaceutical industry will continue to observe FDA's traditional restrictions on off-label promotion. Therefore, attorneys should consider the risks and benefits of following Amarin's lead by pre-clearing off-label promotional content with the courts.

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